



Llansteffan, Carmarthenshire

This circular walk takes you from the pretty village of Llansteffan along the mouth of the Tywi River as it opens into Carmarthen Bay. You'll be rewarded with sweeping views of Llansteffan castle.

"For dramatic views across the broad Tywi estuary climb to the spectacular ruins of Llansteffan castle – you'll be rewarded with panoramic views – it definitely will take your breath away!"

NIGEL NICHOLAS, WALES COAST PATH OFFICER

Start and Finish:

Car park at The Green in Llansteffan.

Distance:

3 miles/5km.

Along the way...

From the car park, the Wales Coast Path follows the sandy shoreline with the towers of ruined Llansteffan Castle visible to your right. You'll soon reach Scott's Bay, where a 19th-century villa sits close to the sand.

There's also St Anthony's Well, a natural spring believed to have healing properties. The path then continues on to Wharley Point, where you can soak up superb views across Carmarthen Bay as far as Lundy Island and the north Devon coast on a clear day.

You'll also see the meeting point of three rivers – the Taf, Tywi and Gwendraeth – as they join together before flowing out into the bay. Before too long, the path turns inland before meeting a minor road. Turn right to follow it back towards Llansteffan past Lord's Park Farm, until you arrive back at Scott's Bay.

From here you can either retrace your steps along the coast or walk around the left-hand side of Castle Hill to explore Llansteffan Castle. This lofty, strategic location has been home to forts and fortresses since the Iron Age, with the current walls and towers dating back to the 14th century. It's one of Wales's most atmospheric castles and worth a visit if you have time. From here, it's a short walk back to your starting point.

Need to know:

There are public toilets and parking at the start and end point of the walk, plus a number of pubs and cafés in the village.