



## New Quay, Ceredigion

*"New Quay is full of history and during the 18th century, it was notorious for its smugglers! Vessels carrying illegal cargo into Cwmttydu and Cei Bach would moor out at sea and in the dead of night small rowing boats would go and collect fine wines and spirits."*

NIGEL NICHOLAS, WALES COAST PATH OFFICER

### Start and Finish:

New Quay harbour. There are numerous pay and display car parks in New Quay town

### Distance:

5km / 3 miles.

Extended walk: From Llanina Point back to New Quay harbour is 3km / 2 miles

### Information:

Start by walking east along the harbour wall enjoying views out to Cardigan Bay. Then head to the Wales Coast Path panel, which is situated in front of the main public toilets. Use the Wales Coast path app on your mobile device (smart phone or tablet) to see the smugglers go about their secret lives and discover more about New Quay's past. Further along the sea front, visit the official half way point of the Wales Coast Path, marked by a beautiful maiden sculpture that will blow you a kiss to wish you luck on your journey. Visit the RNLi lifeboat station and Cardigan Bay Marine Wildlife Centre.

Walk along the beach where hundreds of sloops, schooners and large barques were built until you reach Llanina Point with its wonderful views back to the 'cliff perched town'. Either follow the same route back or turn inland along the river Llethi and return along the road. Look out for Majoda, now a bungalow but originally a little shack where Dylan Thomas lived and wrote "Quite Early One Morning", which developed into Under Milk Wood.

### Along the way...

The dolphins and harbour porpoises of Cardigan Bay are a spectacular sight... keep your eyes peeled on a calm day and if you're lucky, you'll see them playing!

### Plan your visit:

**DYLAN THOMAS:** [dylanthomas.com](http://dylanthomas.com)

**RNLi LIFEBOAT STATION:** [rnl.org/find-my-nearest/lifeboat-stations/new-quay-lifeboat-station](http://rnl.org/find-my-nearest/lifeboat-stations/new-quay-lifeboat-station)

**PUBLIC TRANSPORT:** [traveline.cymru](http://traveline.cymru)

**TOURISM WEBSITE:** [discoverceredigion.co.uk/english](http://discoverceredigion.co.uk/english)

### Before you leave:

Download the Wales Coast Path app at home to experience the area in Augmented Reality.

